

## Behavior Community of Practice Week #2 Primary Session

Supports for students who engage in power struggles, defiance, lack of motivation, and noncompliance



#### Please Note:

- Use Q&A or Jamboards (1 4) to post general comments and/or questions
- Session recordings & resources sent in follow up email when available
- Certificate of attendance: webinar registration or email <u>deana.smith@wyo.gov</u> a sign in sheet if attending in a group setting.

#### • Use this link to submit PTSB hours:

https://wyomingptsb.com/wp-content/uploads/misc/PTSB-Individual-Request-for-Credit-Form-01-12-2022.pdf



#### Jamboards

- If your last name starts with A F, go to Board #1: <u>https://jamboard.google.com/d/1EVnfVqsR5\_kSM8XLXI1VPc8-</u> <u>EzF8osu\_Ks5a2faTiio/edit?usp=sharing</u>
- If your last name starts with G L, go to Board #2: <u>https://jamboard.google.com/d/1Av0nAELVhqeO9NGi\_eB\_YOT-GsFPr-4kz023PbJSvRU/edit?usp=sharing</u>
- If your last name starts with M R , go to Board #3: <u>https://jamboard.google.com/d/1u\_uAS0rqdlq-</u> <u>37JOR5R8r5SNctOsi9VVbkbu\_4DRq8/edit?usp=sharing</u>
- If your last name starts with S Z , go to Board #4: <u>https://jamboard.google.com/d/1eO3ZWoOppKvSZFqttrYfhdvE-VF-okEU8juOfx-5axY/edit?usp=sharing</u>



#### Learning Objectives

Participants will:

 Understand reasons why students may engage in misbehavior including work avoidance or escape
 Learn highly effective, evidence-based tier one interventions to increase students on-task behavior and reduce defiance, non-compliance, and lack of motivation



#### Student Support

#### Work Refusal, Noncompliance, Defiance

Oh my!





#### Student Support

Why do students engage in these behaviors? One of the most common functions of problem behavior is escape from INSTRUCTIONAL STIMULI

Function-Based Treatments for Escape-Maintained Problem Behavior: A Treatment-Selection Model for Practicing Behavior Analysts

Kaneen B. Geiger, M.S., James E. Carr, Ph.D., BCBA-D, and Linda A. LeBlanc, Ph.D., BCBA-D



#### What is Instructional Stimuli?

- Type of instruction- lecture, discussion, choral responding
- Content/subject being covered
- Pacing of instruction
- Prior knowledge base
- Independent work/ type of work demandworksheet, written assignment, project work, etc.



#### Escape and/or Avoid

A student may engage in:

- Work refusal
- Non-compliance
- Defiance
- Off-task
- Elopement
- Sleeping
- Arguing/negotiating





#### Escape and/or Avoid

# "It is a behavior analysts ethical responsibility to **promote effective learning environments...**"





#### **Our Goals**

- High quality education
- Maximize student learning/outcomes
- Daily student success across contexts
- Meaningful and productive lives
- Access to communities, relationships, employment





## Tier One Interventions for Refusal, Defiance, Non-Compliance

- 1. Positive relationships
- 2. Appropriate and Motivating Instructional Practices
- 3. High rates of positive responses (last week)
- 4. Positive Reinforcement



# Tier One Interventions for Refusal, Defiance, Non-Compliance

5. Rules/expectations to include consequences for following or not following the rules - (last week)

- 6. Positive and supportive redirection
- 7. Behavior Momentum (last week)



#### Skill vs. Will

#### Skill: Having the <u>ability</u> to do something Will: Having the <u>desire</u> to do something

Refusal, Non-compliance, Avoid, Escape Ability (Skill) vs. Desire/Motivation (Will)





#### Skill vs. Will

Skill = Ability = "Able to"---Disability = "Not able to"

Is our student ABLE to do what we are asking?

- Level or difficulty of work
- Amount of work
- Type of work- worksheet, project, journal entry, discussion, reading comprehension, fluency, etc.
- Distracted/inability to focus



## **Skill Deficits**

Makes accessing the classroom more difficult

These deficits may include:

Academic, social, behavioral, emotional, etc.

- Know what is "appropriate" for each student
- What does this student require to be successful?



## **Skill Deficits**

What is the standard/objective? Is there another way for the child to show mastery?

Focus on teaching skills!

We want students to meet standards or objectives, learn, experience success!



What makes you desire or motivates you to do something?

- Interesting
- Enticing
- Fun



- Easy enough we experience success
- Makes us feel good (reinforcing)



What motivates you to come to work?

 Money, friendships, enjoyment of the job, feels good to help kids, keeps us busy, contributes to better society

What happens on days you are less motivated?

How does it affect "will"?

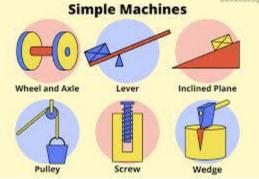
Does it affect your "skill" level?



Rewards (reinforcers) are things that happen after a behavior that INCREASE the chances of that behavior happening again. Why should we use reinforcement? To increase motivation To get a good behavior started To keep good behavior going To teach new skills



#### Student motivation?



- Is the task/activity interesting? Enticing?
- Fun? Is it simple enough to be enjoyable?
- Is the outcome reinforcing to them? Grades? Satisfaction? Work completion?

If the answer is no to any of the above questions, we can fix that!



- Do your students enjoy being at school?
- Are they successful here?
- Do they perform well academically?
- Do they have positive social interactions?
- Do they have good relationships with teachers/staff?
- How might these factors increase or decrease their motivation? How could it affect their behavior?



#### Think about this

- Why is the student engaging in work refusal, noncompliance, defiance? There is a reason is communication.
- Is it a skill or will deficit?
- How will I know?
- How can I change my behavior to decrease work refusal, non-compliance, and defiance?





#### **Tier One Tools**

#### Appropriate and Motivating Instructional Practices What is "appropriate"? Ability and Skill

What is "motivating"? Desire and Will





- 1. Provide high quality instruction
- 2. Match instruction to ability-independent work
- 3. Teach skills fill in the gaps
- 4. Understand and follow the IEP- prese levels and accommodations
- 5. Engineer the environment

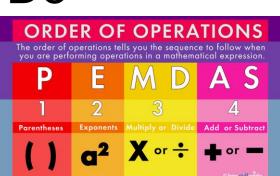




## High Quality Instruction- "I Do"

- Be prepared- fluency
- Fun tone

- Incorporate multi-modality activities
  Activate prior knowledge- review
  Be explicit- give examples/non-exan
  Model thinking process
  Stories, charts, visuals, acronyms, songs, etc.
- Pacing
- Note those not paying attention-what do they need?





#### "We Do"

- Practice (as much as it takes)
- Gradual release

we do, we do, we do, we d\_\_, we d\_\_, we d\_\_, we d\_\_, we \_\_\_, we \_\_\_, we \_\_\_, w\_\_\_, \_\_\_

Whiteboards

Partner worksheets

Checklists— Accommodations as appropriate



#### "You Do"

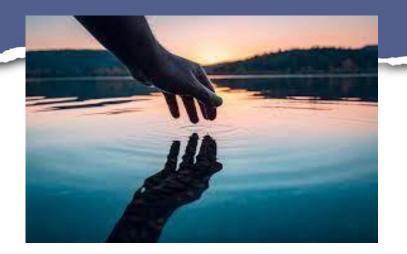
- When they are ready, we let them go!
- Differentiate based on student ability- check present levels on IEP
- Provide accommodations
- Formative assessment data
- Walk around, talk around!
- Good time for small group instruction
- Grade in the moment- immediate feedbaun





#### Reflect

- What went well?
- What didn't go well?
- What can I change to improve student engagement?
- What do individual students need?





#### IEP- know it and follow it.

- Reduction in work- quality over quantity
- Scribe, fill in the blank, guided notes
- Alternative responses: vocal, choices
- Headphones, breaks, snacks
- Modified assignments
- Chunked instruction
- Extended time, etc.





#### **Engineer the Environment**

- Create a comfortable atmosphere- temperature, lighting, noise, walkways
- Gradually transition from preferred to nonpreferred- don't go from a 10-1(recess to math test)
- Explicitly provide expectations/rules
- Remind students of consequences



#### **Engineer the Environment**

- Provide choice but do not force compliance
- Intersperse more difficult tasks with simple ones
- Have a consistent schedule
- Be mindful of using the word "work"



- Provide stronger reinforcers/rewards for more difficult tasks
- Be available and/or have options for students to receive additional support
- Provide an activity when students complete the task demand (academic games, art project, writing test questions, etc.)



- Tier One Interventions for Refusal, Defiance, Non-Compliance
- **Appropriate** and Motivating Instructional Practices

We have covered some "Appropriate" Instructional Practices (high quality instruction, following IEP, and engineering the environment), Now on to Motivation!



## Tools for *Motivating* Practices

Motivation: Something that encourages you to do something

How do you motivate yourself? Intrinsic vs. extrinsic reinforcement Gas points, punch card, movie Tuesday





#### Tools for *Motivating* Practices

"The best way to sustain motivation is to support internal drivers with the right kind of external feedback."

- Harvard Center for the Developing Child



## **Motivating** Instructional Practices

- How do you currently handle work refusal?
- Do you ignore the student who is off task?
- Sleeping?
- Do you provide prompts, redirection, threats, negative consequences?
- You can make simple changes to make tasks/activities more motivating for students.



## **Motivating Practices**

- Make it fun and interesting
- Partners/groups



- Projects, dioramas, plays, discussion, scavenger hunts, games, music, art, diagrams, chants, etc.
- Computer answers
- OTR's
- Praise, rewards
- Consequences for doing or not doing the work



Appropriate and Motivating Instructional Practices Optimal instruction

- Are my lessons/activities fun, interesting, wellplanned?
- Is my pacing appropriate?



 Do I use a variety of activities to keep students engaged? Choral responding, partner work, group discussions, hand signals, presentations, computer-based interactions, etc. or do I primarily lecture and/or give worksheets?





- Do I have clear expectations, rules, and consequences?
- Is the objective introduced, posted, and referred to often?
- Do I provide strong instruction? What does the "I do" look like?



- Are students engaged during instruction?
- Do I incorporate frequent OTR's?
- Do I have enough practice- "We do"?
- Is there adequate practice- gradual release?
- Do students keep up with the activities and instruction?
- Is downtime minimized? And/or structured?



- Is independent work in accordance with skill level?
- Do I implement the IEP?
- Am I available to support students while they are completing work?
- Is there anything I need to do to help individual students?
- Teacher checklist for instruction





#### **Review Objectives**

- 1. Understand reasons why students may engage in misbehavior including work avoidance or escape
- 2. Learn highly effective, evidence-based tier one interventions to increase students on-task behavior and reduce defiance, non-compliance, and lack of motivation



#### **Review Objectives**

- 1. Provide high quality instruction
- 2. Understand and follow the IEP- present levels and accommodations
- 3. Engineer the environment
- 4. Make it fun and interesting
- 5. Partners/groups



#### **Review Objectives**

6. Projects, dioramas, plays, discussion, scavenger hunts, games, music, art, diagrams, chants, etc.

- 7. Computer answers
- 8. OTR's
- 9. Praise, rewards

10. Consequences for doing or not doing the work



## Weekly Challenge- Goal Setting

Take one or two!

Gradually change your own behavior for the better!





#### Thank you!

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