



ResearchILD  
Research Institute for  
Learning and Development

ONLINE CONFERENCE LIVE NOVEMBER 11–12

# 36<sup>TH</sup> ANNUAL EXECUTIVE FUNCTION CONFERENCE

LYNN MELTZER, Ph.D., CONFERENCE FOUNDER AND CHAIR

## EXECUTIVE FUNCTION, ATTENTION, AND STRESS: BUILDING RESILIENCY AND FOSTERING EQUITY FOR ALL STUDENTS

VIRTUAL CONFERENCE  
NOVEMBER 11–12, 2021 — ONLINE

### WHO SHOULD ATTEND?

This conference is designed for professionals in education, psychology, child development, speech and language pathology, school psychology, home-school education, and other related fields.

### EXECUTIVE FUNCTION, ATTENTION, AND STRESS: BUILDING RESILIENCY AND FOSTERING EQUITY FOR ALL STUDENTS

This 36th Annual Executive Function Conference will address the close connections between executive function, stress, persistence, and school performance. This year's virtual conference will emphasize the role of executive function as a cornerstone of equity in education. Presentations will focus on the importance of creating strategic classrooms by promoting metacognitive awareness, executive function strategies, persistence, and resilience in *all* students.

The conference will highlight practical strategies for promoting metacognition and executive function in all students from K-12 to college. We will address the following issues:

- *As students return to their classrooms after the pandemic recedes, how do we build a school culture that re-engages all students and promotes self-understanding, persistence, and resilience?*

- *How do executive function strategies build a foundation for equity in our classrooms and our schools?*
- *How do we promote executive function by teaching strategies for goal-setting, cognitive flexibility, organizing and prioritizing, accessing working memory, and self-monitoring so we can empower students to succeed in the classroom and during online learning?*
- *How do we promote students' strengths in social-emotional areas so we reduce their anxiety and stress in the context of the classroom?*
- *How do executive function weaknesses affect the performance of students with LD, ADHD, ASD, and other learning difficulties?*

This conference will include a combination of live plenary sessions, pre-recorded workshop sessions, and smaller break-out sessions in chat rooms to provide opportunities for in-depth discussion. The program will emphasize the application of theory and research to educational practice.

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## FACULTY



**LYNN MELTZER, Ph.D.**  
**CONFERENCE CHAIR**

Dr. Lynn Meltzer is the President and Director of the Institutes for Learning and Development (ResearchILD and ILD) in Lexington, MA. She is a Fellow and Past-President of the International Academy for Research in Learning Disabilities. She is the Founder and Program Chair of this Executive Function Conference, (formerly the Learning Differences Conference) which she has chaired for the past 35 years. For 30 years, she was an Associate in Education at the Harvard Graduate School of Education and an Adjunct Associate Professor

in the Department of Child Development at Tufts University. Her 40 years of clinical work, research, publications, and presentations have focused on understanding the complexity of learning and attention problems. Her extensive publications include articles, chapters, and books, most recently, *Executive Function in Education: From Theory to Practice* (2018), *Promoting Executive Function in the Classroom* (2010) and *The Power of Peers in the Classroom: Enhancing Learning and Social Skills* (2015), co-edited with Karen Harris. Together with her ResearchILD staff, she has developed SMARTS, an evidence-based executive function and peer mentoring/coaching curriculum for elementary, middle, and high school students ([www.smarts-ef.org](http://www.smarts-ef.org)).

**LYNN MELTZER, Ph.D.**

Founder and Program Chair for 36 years, President and Director, Institutes for Learning and Development (ResearchILD and ILD)

**ANTHONY S. BASHIR, Ph.D., CCC-SLP**

Educational Consultant; Adjunct, The Lynch School of Education and Human Development, Boston College, Chestnut Hill, MA

**DONNA CECILIA BOWEN, M.S.**

Learning Specialist, Merrick Academy Charter School, Queens, New York, and a ResearchILD EF & Equity Fellow

**KIM CARTER, M.ED.**

Founder and Executive Director, Q.E.D. Foundation

**KIM DAVIS, M.ED.**

Senior Associate for Research and Teacher Training, ResearchILD

**MAURICE ELIAS, Ph.D.**

Professor, Psychology Department, Rutgers University, Director, Social-Emotional and Character Development Lab; Co-Director, Rutgers-based Academy for SEL in Schools

**DAVID FLINK, Ed.M.**

Founder and Chief Empowerment Officer, Eye to Eye

**MICHAEL GRESCHLER, M.ED.**

Director, SMARTS Program, ResearchILD; Educational Specialist, ILD

**RAJNEET GOOMER, M.A.**

Director of Student Services, Robbinsville Public Schools

**JULIE JARVIS, Ed.D.**

Director of Curriculum, Instruction and Assessment, Fremont Public Schools, WY

**SUCHETA KAMATH, M.A., M.A., CCC-SLP, BC-ANCDS**

Founder/CEO of ExQ, LLC

**DONNA KINCAID, M.ED.**

Assistant Director and Director of Outreach and Training, Institutes for Learning and Development (ResearchILD and ILD)

**SHELLY LEVY, M.ED., M.S.**

SMARTS Curriculum Coordinator, ResearchILD; Educational Specialist, ILD

**GEORGE MCCLOSKEY, Ph.D.**

Professor and Director of Research, School of Professional and Applied Psychology, Philadelphia College of Osteopathic Medicine

**KRISTINA MANNINO, M.ED.**

Supervisor of Special Services, Robbinsville Public Schools

**DAVID MELNICK, LICSW**

Co-Director, Outpatient Services, Northeastern Family Institute, Vermont; Fellow, Child Trauma Academy

**VERONICA MILLER, M.S.**

Instructional Facilitator at Arapahoe Schools, Wind River Reservation, WY

**LINDA NATHAN, Ed.D.**

Director of the Perrone-Sizer Institute for Creative Leadership (PSI); Strategic Partnership Advisor, Hale Education; Adjunct Lecturer, Harvard Graduate School of Education and Cambridge College

**PEDRO NOGUERA, Ph.D.**

Dean, Rossier School of Education; Distinguished Professor of Education, University of Southern California

**EMILY PETTY, B.S.**

6th grade teacher, Arapahoe Middle School, Wind River Reservation, WY

**REGINE PHILLIPEAUX, Ed.D.**

Deputy Chief of the Equity, Strategy, and Opportunity Gaps Division, Boston Public Schools

**MINDY SCIRRI, Ph.D.**

Learning (Dis)ability Specialist and Consultant, Learnabilities

**IRVIN SCOTT, Ed.D.**

Senior Lecturer on Education, Harvard Graduate School of Education

**JOAN SEDITA, M.ED**

Founder of Keys to Literacy

**BONNIE SINGER, Ph.D., CCC-SLP**

Founder and CEO of Vivido and Architects for Learning

**CHRIS WILLARD, Psy.D.**

Lecturer in Psychiatry, Part-Time Harvard Medical School Faculty

*“Thank you for this amazing collection of experts, information, and resources.”* 2020 Conference Attendee

*The Institutes for Learning and Development websites:*

<http://smarts-ef.org>  
[www.researchchild.org](http://www.researchchild.org)  
[www.ildlex.org](http://www.ildlex.org)

36TH ANNUAL  
EXECUTIVE FUNCTION CONFERENCE—ONLINE

ONLINE CONFERENCE SCHEDULE

NOVEMBER 11 & 12, 2021

**THURSDAY, NOVEMBER 11, 2021**

- 8:30-8:50 **Welcome**  
*Lynn Meltzer, Ph.D.*
- 8:50-9:45 **Creating Strategic Classrooms: Re-Engaging Students to Promote Self-Understanding and Resilience**  
*Lynn Meltzer, Ph.D.*
- 9:45-10:00 **Q & A**
- 10:00-10:15 **Break**
- 10:15-11:05 **Equity Detectives: The Heart of the Matter for Teachers and Schools**  
*Irvin Scott, Ed.D.*
- 11:05-11:20 **Q and A**
- 11:20-12:20 **Panel: Executive Function and Equity in Schools: Success Stories from Administrators and Teachers**  
*Regine Phillipeaux, Ed.D., Donna Bowen, M.S., Julie Jarvis, Ed.D., Veronica Miller, M.S., Emily Petty, B.S.*
- 12:20-12:30 **Q & A**
- 12:30-1:05 **Lunch and Networking in Chat Rooms**
- 1:15-2:05 **Educating Equitably After the Pandemic: Promoting Student Agency and Self-Understanding**  
*Pedro Noguera, Ph.D.*
- 2:05-2:20 **Q & A**
- 2:20-3:30 **Panel: Addressing EF, Social-Emotional Learning Skills, and Classroom Learning: Practical Strategies that Work in Classrooms**  
*Michael Greschler, M.Ed., Joan Sedita, M.Ed., Kim Carter, M.Ed., Anthony S. Bashir, Ph.D., CCC-SLP, Bonnie Singer, Ph.D., CCC-SLP*
- 3:30-3:45 **Q & A**
- 3:45 **Day One Ajourns**

**FRIDAY, NOVEMBER 12, 2021**

- 8:30-8:40 **Overview**  
*Lynn Meltzer, Ph.D.*
- 8:40-9:30 **Strengthening Students' Resilience through the Motivation-EF Connection**  
*George McCloskey, Ph.D.*
- 9:30-9:45 **Q & A**
- 9:45-10:35 **Social Emotional Learning and Character Development: The Foundations of Safe and Successful Schools**  
*Maurice Elias, Ph.D.*
- 10:35-10:50 **Q & A**
- 10:50-11:05 **Break**
- 11:05-11:55 **Using Arts to Create Schools that Address Students' Strengths and Embed Equity**  
*Linda Nathan, Ed.D.*
- 11:55-12:10 **Q & A**
- 12:10-1:00 **Lunch Break or SMARTS Optional Sessions**
- MetaCOG Online: A New Survey for Helping Teachers Understand Each Student's EF Strengths and Challenges**  
*Lynn Meltzer, Ph.D. and Kim Davis, M.Ed.*  
or  
**SMARTS and MTSS School-Wide: Administrator and School Leader Panel**  
*Michael Greschler, M.Ed., Rajneet Goomer, M.A., Kristina Mannino, M.Ed.*
- 1:00-1:50 **Identity, Advocacy, and Accommodations: Transitioning to a World After COVID**  
*David Flink, Ed.M.*
- 1:50-2:05 **Q & A**
- 2:05-3:05 **Panel: Reducing Stress to Foster Success During Classwork and Homework**  
*Donna Kincaid, M.Ed., Shelly Levy, M.Ed., M.S., Sucheta Kamath, M.A., M.A., CCC-SLP, BC-ANCDs, Mindy Scirri, Ph.D., Chris Willard, Psy.D., David Melnick, LICSW*
- 3:05-3:15 **Closing Remarks**  
*Lynn Meltzer, Ph.D.*

*"Thank you for such an insightful and well-planned conference. Your work is so, so important!"* 2020 Conference Attendee

ALL SESSION RECORDINGS WILL BE AVAILABLE THROUGH DECEMBER 31, 2021.

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## PLENARY PRESENTATIONS—LIVE

### THURSDAY, NOVEMBER 11, 2021

8:50 AM, EST

**Creating Strategic Classrooms: Re-Engaging Students to Promote Self-Understanding and Resilience**

*Lynn Meltzer, Ph.D.*

*Founder and Program Chair, President and Director, Institutes for Learning and Development*



10:15 AM, EST

**Equity Detectives: The Heart of the Matter for Teachers and Schools**

*Irvin Scott, Ed.D.*

*Senior Lecturer on Education, Harvard Graduate School of Education*



1:15 PM, EST

**Educating Equitably After the Pandemic: Promoting Student Agency and Self-Understanding**

*Pedro Noguera, Ph.D.*

*Dean, Rossier School of Education; Distinguished Professor of Education, University of Southern California*



### FRIDAY, NOVEMBER 12, 2021

8:40 AM, EST

**Strengthening Students' Resilience through the Motivation-EF Connection**

*George McCloskey, Ph.D.*

*Professor and Director of Research, School of Professional and Applied Psychology, Philadelphia College of Osteopathic Medicine*

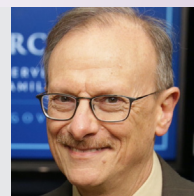


9:45 AM, EST

**Social Emotional Learning and Character Development: The Foundations of Safe and Successful Schools**

*Maurice Elias, Ph.D.*

*Professor, Psychology Department, Rutgers University; Director, Social-Emotional and Character Development Lab; Co-Director, Rutgers-based Academy for SEL in Schools*

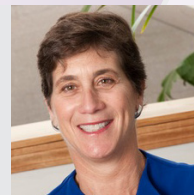


11:05 AM, EST

**Using Arts to Create Schools that Address Students' Strengths and Embed Equity**

*Linda Nathan, Ed.D.*

*Director of the Perrone-Sizer Institute for Creative Leadership (PSI); Strategic Partnership Advisor, Hale Education; Adjunct Lecturer, Harvard Graduate School of Education and Cambridge College*

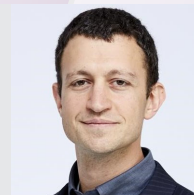


1:00 PM, EST

**Identity, Advocacy, and Accommodations: Transitioning to a World After COVID**

*David Flink, Ed.M.*

*Founder and Chief Empowerment Officer, Eye to Eye*





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## PANEL PRESENTATIONS—LIVE

**THURSDAY, NOVEMBER 11, 2021**

11:20-12:20 AM, EST

**Panel: Executive Function and Equity in Schools: Success Stories from Administrators and Teacher**

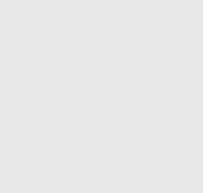
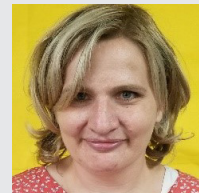
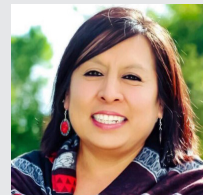
*Regine Phillipeaux, Ed.D., Deputy Chief of Equity and Strategy, Boston Public Schools*

*Donna Bowen, M.S., Learning Specialist, Merrick Academy Charter School, Queens, New York, and a ResearchILD EF & Equity Fellow*

*Julie Jarvis, Ed.D., Director of Curriculum, Instruction, and Assessment, Fremont Public Schools, WY*

*Veronica Miller, M.S., Instructional Facilitator at Arapahoe Schools, Wind River Reservation, WY*

*Emily Petty, B.S., 6th grade teacher, Arapahoe Middle School, Wind River Reservation, WY*



2:20-3:30 PM, EST

**Panel: Addressing EF, Social-Emotional Learning Skills, and Classroom Learning: Practical Strategies that Work in Classrooms**

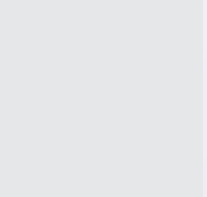
*Michael Greschler, M.Ed., Director, SMARTS Program; Educational Specialist, ResearchILD*

*Joan Sedita, M.Ed., Founder of Keys to Literacy*

*Kim Carter, M.Ed., Founder and Executive Director, Q.E.D. Foundation*

*Anthony S. Bashir, Ph.D., CCC-SLP, Educational Consultant; Adjunct, The Lynch School of Education and Human Development, Boston College, Chestnut Hill, MA*

*Bonnie Singer, Ph.D., CCC-SLP, Founder and CEO of Vivido and Architects for Learning*



***“As always, it is a privilege to participate in this conference. There are so many fantastic takeaways to be immediately implemented. The content is cutting-edge and multidisciplinary.”***

*2020 Conference Attendee*

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## PANEL PRESENTATIONS—LIVE

**FRIDAY, NOVEMBER 12, 2021**

2:05-3:05 PM, EST

**Panel: Reducing Stress to Foster Success During Classwork and Homework**

*Donna Kincaid, M.Ed., Assistant Director and Director of Outreach and Training, Institutes for Learning and Development (ResearchILD and ILD)*

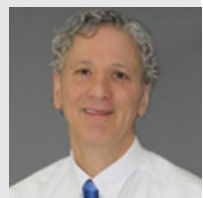
*Shelly Levy, M.Ed., M.S., Educational Specialist, ILD; SMARTS Curriculum Coordinator, ResearchILD*

*Sucheta Kamath, M.A., M.A., CCC-SLP, BC-ANCDs  
Founder/CEO of ExQ, LLC*

*Mindy Scirri, Ph.D., Learning (Dis)ability Specialist and Consultant,  
Learnabilities*

*Chris Willard, Psy.D., Lecturer in Psychiatry, Part-Time Harvard Medical  
School Faculty*

*David Melnick, LICSW, Co-Director, Outpatient Services,  
Northeastern Family Institute, Vermont; Fellow, ChildTrauma Academy*



### **OPTIONAL SMARTS LUNCHTIME SESSIONS**

12:00-1:00 PM, EST

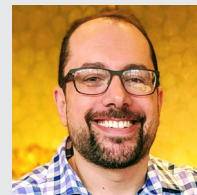
**MetaCOG Online: A New Survey for Helping Teachers Understand Each Student's EF Strengths and Challenges**

*Lynn Meltzer, Ph.D. and Kim Davis, M.Ed.*

**OR**

**SMARTS and MTSS School-Wide: Administrator and School Leader Panel**

*Michael Greschler, M.Ed., Rajneet Goomer, M.A., Kristina Mannino, M.Ed.*



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## CONCURRENT PRESENTATIONS

THE FOLLOWING PRE-RECORDED CONCURRENT PRESENTATIONS CAN BE VIEWED AT ANYTIME AND ALL SESSION RECORDINGS WILL BE AVAILABLE THROUGH DECEMBER 31, 2021.

### SMARTS STRAND

#### Executive Function and Organization: Unlocking Students' Ability to Stay Organized

*Michael Greschler, Ed.M. and Shelly Levy, M.Ed., M.S.*



#### Flexible Thinking: Practical Strategies to Improve Academic Performance and Reduce Stress

*Donna Kincaid, M.Ed.*



#### Self-Monitoring and Self-Regulation: From School to Home and Back

*Mindy Scirri, Ph.D.*



*"You always seem to put together the perfect team of presentations. Just when you can't imagine that it can get better, it does! Thanks for all the hard work."*

*2020 Conference Attendee*



## CONCURRENT PRESENTATIONS

### GENERAL STRAND

#### **Hate or Hurt: Rethinking Social Exclusion, Isolation, and the Need-To-Belong in ASD Youth**

*Sucheta Kamath, M.A., M.A., CCC-SLP, BC-ANCDs*



#### **Student Identity and Student Agency: Strategies for Engagement, Inclusion, and Equity**

*Kim Carter, M.Ed.*



#### **Mindfulness, Metacognition, and Stress Reduction**

*Chris Willard, Psy. D.*



#### **The Role of Working Memory in Speaking and Written Language**

*Anthony S. Bashir, Ph.D., CCC-SLP and Bonnie Singer, Ph.D., CCC-SLP*



#### **Comprehension Strategy Instruction for Students with Executive Function Difficulties**

*Joan Sedita, M.Ed.*



#### **Transforming Trauma: Helping Schools Become Healing Places**

*David Melnick, LICSW.*

