



Wyoming
Department
of Health

Behavioral Health Division

Session 3: Transition and IFSP Ongoing Progress Monitoring

WAVE Conference 2019

Welcome!

On behalf of the Wyoming Department of Health, Early Intervention and Education Program's (EIEP), AnLar is developing professional development trainings and resources to share best practices on the IFSP development process.



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Professional Development Opportunities

- **Module Series**
 - Module 1: Diagnostic Evaluations for Eligibility
 - Module 2: IFSP Development
 - Module 3: Ongoing IFSP Progress Monitoring
- **Webinars**
 - 1-hour in duration
 - 3 tentative dates
- **In-Person Trainings**
 - Full day in duration
 - WAVE Conference Sessions and 2 additional tentative dates



WAVE Conference Sessions Offered Today

- Session 1: Diagnostic Evaluations for Eligibility
- Session 2: IFSP Development
- **Session 3: Transition and Ongoing Progress Monitoring**
- Session 4: IFSP Development - Case Study



Agenda For Today's Session

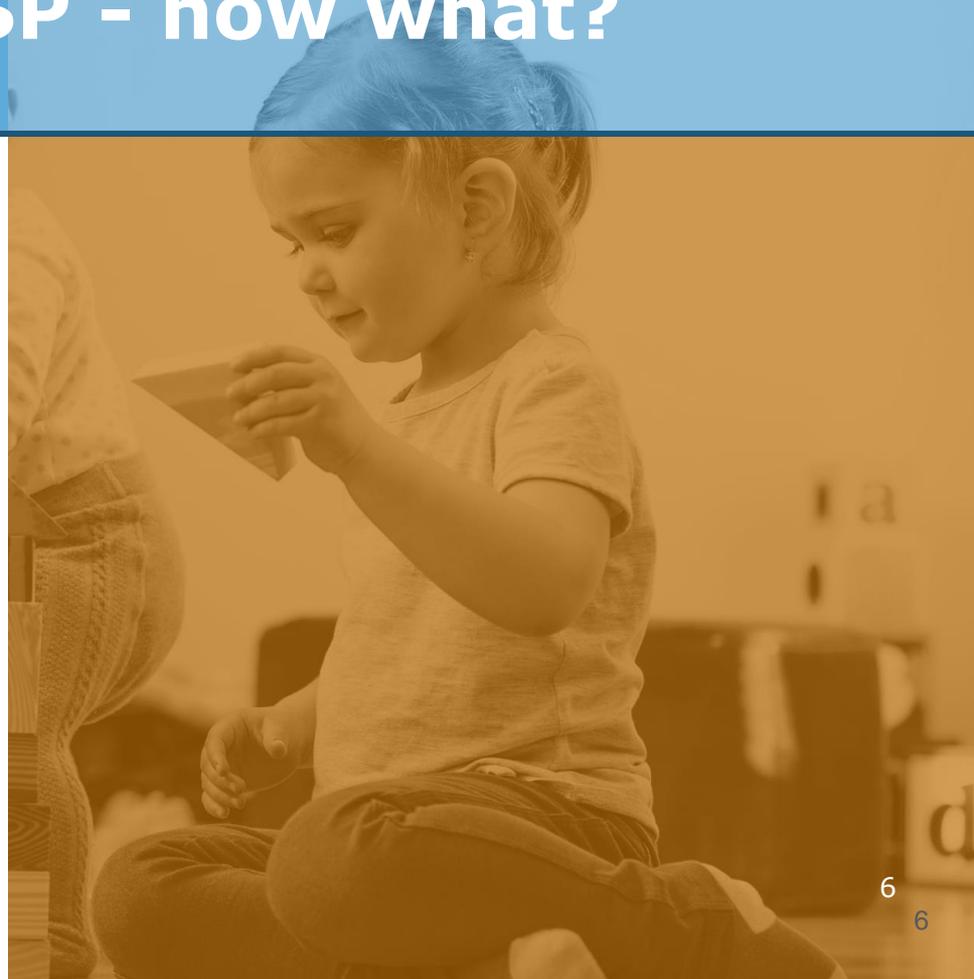
Session 3: Transition and Ongoing Progress Monitoring

- How to use the IFSP to support the transition from early intervention at age three
- What is ongoing progress monitoring
- Regulations related to ongoing progress monitoring and IFSP reviews
- Best practices in ongoing progress monitoring



We developed the IFSP - now what?

The IFSP is a living document!



What gets reviewed?

- Update outcomes and strategies
- Update service delivery - services received, frequency and duration
- Update results of review of medical records and recent evaluations
- Update parent concerns, resources and priorities and their perceptions of their child's progress
- Update ongoing authentic assessment results - observations, assessment tools, and interviews with others



The hows of reviewing the IFSP

You've been collecting data on IFSP goals and objectives, so consider:

- What does that information and data tell your team about how well the strategies are working? Are new ones needed? Do others on the team need to get involved?
- What does that information and data tell your team about the continued appropriateness of the outcomes? Are new ones needed? Do existing ones need updating?



It's not just about the outcomes!

- Conduct a review of medical reports and evaluations that have been completed since the last time the IFSP was reviewed.
- Talk with team members and the family about what they have observed, learned or noticed since the last time the IFSP was reviewed.
- Review all notes from authentic assessments completed at each visit



Then...

- Update the outcomes - create new ones, end current ones, or revise them based on the information and the data
- Update the strategies - create new ones or consider other individuals who may be able to provide support through different strategies
- Update the service delivery plan - based on the IFSP team discussion about all aspects of the IFSP, make decisions about existing and new services, as well as frequency and duration of all services





Activity

Transition at Age Three: Briana and James



Focus on authentic assessment

Consider how the child is using skills and behaviors in everyday settings and situations as observed and as determined through interviews with families and other caregivers

Consider what the family and other caregivers report as major concerns and priorities, gathered through conversation and observation



Authentic Assessment

- Authentic assessment is an ongoing *process* necessary to provide a starting point, continual feedback, and periodic review of the effectiveness of interventions and learning
 - Monitoring of progress over time
 - What they are expected to be learning next
 - How quickly they are progressing



Authentic Assessment

- Authentic assessment yields information about what infants and toddlers know and are able to do at a given point in time, guides “next steps” in learning, and provides feedback on progress toward goals and outcomes
 - Located in the file or working file: developmental checklists, formal or informal
 - Notes as to progress toward goals
 - Interviews/observations



Authentic Assessment

Authentic assessment
provides the foundation for
development of
Individualized Family
Service Plans (IFSPs) and 6
month reviews



Authentic Assessment Reminders

- The best authentic assessment information is collected frequently and used continuously to inform intervention and instruction decisions
 - Infants and toddlers learn quickly, and regular monitoring of progress is necessary to document incremental improvements in skills and behaviors
- Authentic assessment to inform and monitor instruction is most accurate if multiple sources are considered and multiple methods used
- Methods used to collect authentic assessment information should resemble ongoing intervention and interactions of home environment

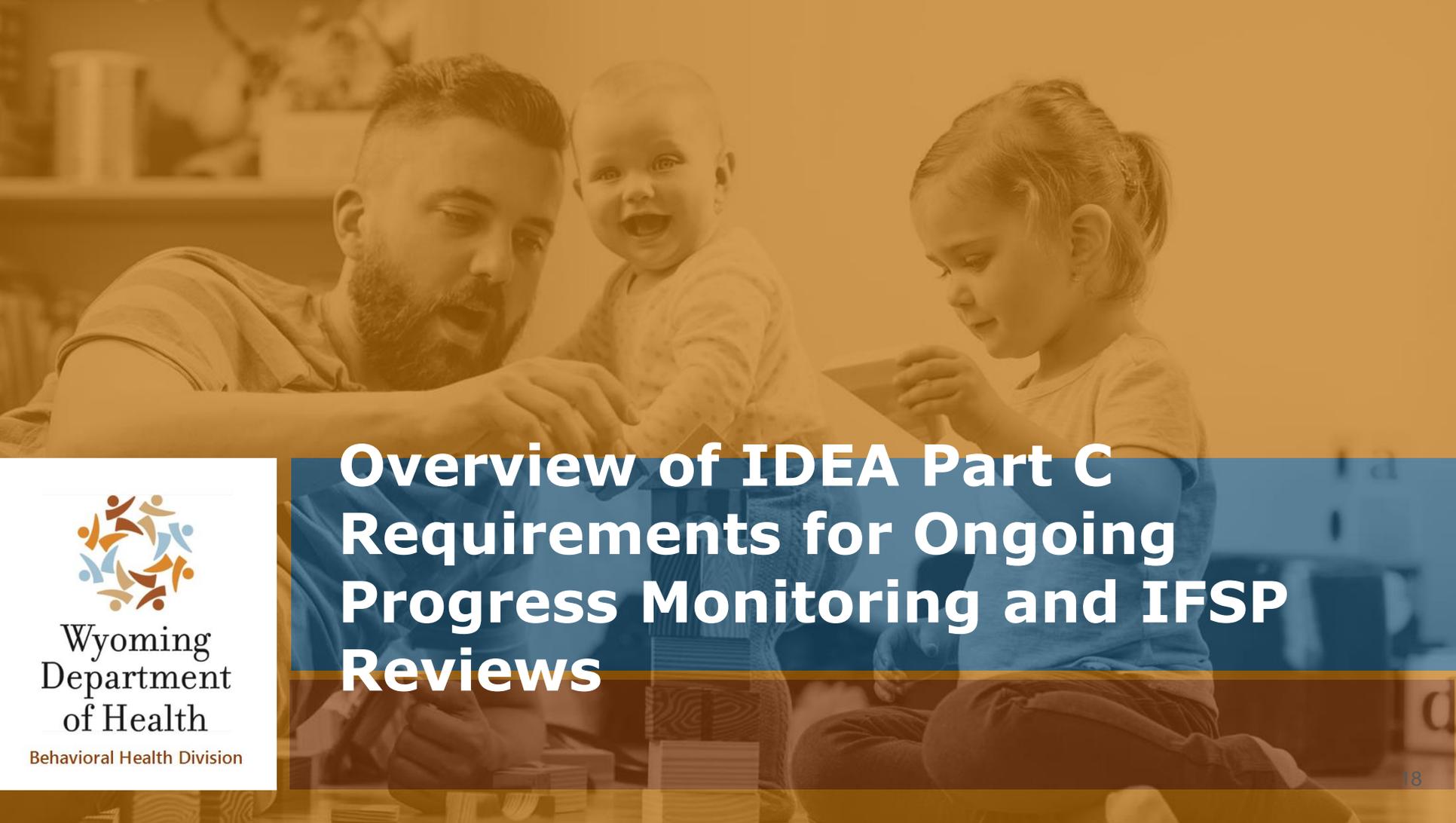


Authentic Assessment Reminders

- The use of authentic assessment instruments should be criterion-referenced with items that reflect functional skills as much as is feasible

- All authentic assessment instruments and procedures must be culturally and linguistically relevant





Overview of IDEA Part C Requirements for Ongoing Progress Monitoring and IFSP Reviews



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Two sets of requirements

1. How an IFSP goal is to be written to include measurability and methods for tracking progress
2. Periodic review of the IFSP



Developing Criteria, Procedures and Timelines

- **What** are the ways in which the family and team will work toward achieving this outcome?
- **Who** will help and what will they do?
- **How** will the team know they've made progress or if revisions are needed to outcomes or services?



Considerations for Best Practices to Implement Requirements

- **What:** Consider all the ways in which the team will work together. Will there be co-visits? Will a primary provider be the conduit through which suggestions and strategies be used? Will reflective coaching be used to help develop the family's confidence and competence?
- **Who:** Think across the team about who can support different aspects of the outcome. Ask the family how they would like to be involved. Consider all formal supports as well as informal supports that have been identified.
- **How:** How will we know that we've achieved the outcome? What will be different? What will the child be able to do? The family?



Periodic Review - CFR §303.342 (b)

(b) Periodic review.

(1) A review of the IFSP for a child and the child's family must be conducted every six months, or more frequently if conditions warrant, or if the family requests such a review. The purpose of the periodic review is to determine—

(i) The degree to which progress toward achieving the results or outcomes identified in the IFSP is being made; and

(ii) Whether modification or revision of the results, outcomes, or early intervention services identified in the IFSP is necessary.

(2) The review may be carried out by a meeting or by another means that is acceptable to the parents and other participants.



To Note:

Periodic review focuses on the progress that has been made to date, and the modifications or changes needed to the IFSP in order to support continued progress.

The periodic review does ***not*** have to be a meeting.



Annual Review - CFR §303.342 (c)

(c) Annual meeting to evaluate the IFSP. A meeting must be conducted on at least an annual basis to evaluate and revise, as appropriate, the IFSP for a child and the child's family. The results of any current evaluations and other information available from the assessments of the child and family conducted under §303.321 must be used in determining the early intervention services that are needed and will be provided.



To note:

The annual review should be a meeting of the IFSP team. New evaluation information (if any) and all ongoing assessment information should be considered in determining what changes should be made to the IFSP.



Best Practices - IFSP Review Regulations

- **Be proactive** - keep track of review schedules and plan review meetings in advance so they will be convenient for families (see §CFR 303.342 ©).
- **Be flexible**- the law says reviews can happen any time. Recognize that young children change *constantly* so it is rare that a review will not be needed before the periodic or annual reviews are needed.
- **Collect data** - in order to complete the review accurately, you will need to collect information about the effects of intervention, both through observation and through discussions with families.
- **Consider all aspects of the outcome** - are some interventions working better than others? Is the way we've said we'll measure progress still accurate? Has new information indicated the need for some additional changes?

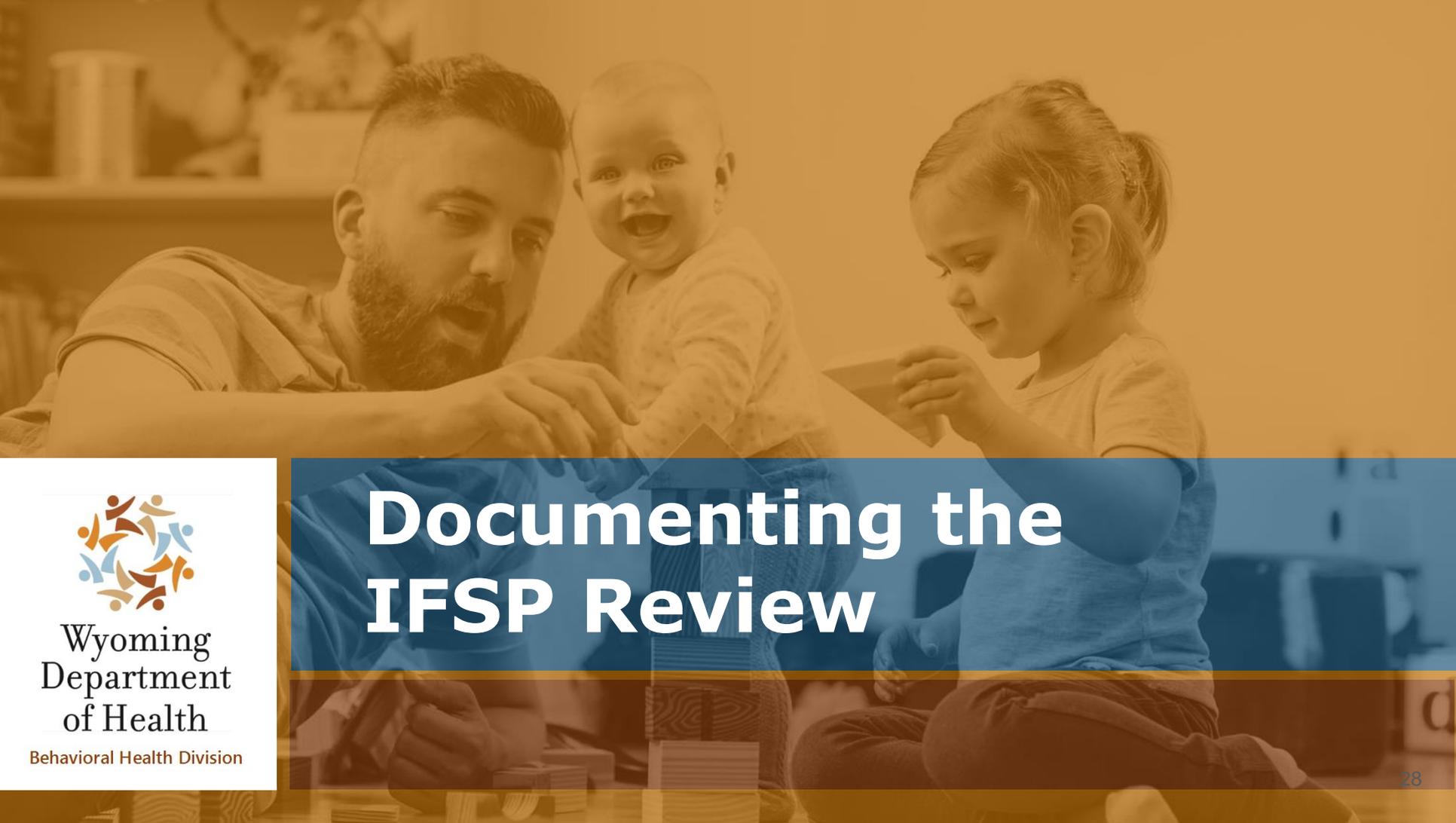




Activity (to be developed)

Marking up the WY IFSP





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Documenting the IFSP Review

Review the **WHOLE** IFSP!

Don't just focus on the outcomes - the entire IFSP is a living, breathing document. All of the sections may need updating. Consider:

- Has any contact information changed? Any team members added or subtracted since the last review of the IFSP? If yes, update the information on the IFSP.
- Have there been new evaluations? Add this information, along with a summary of all ongoing progress review information, to the summary of evaluations and assessments on the IFSP.
- Have services changed? If so, update the Service Delivery Plan.
- Are any services moving to or from natural environments? If so, update the justification page to document the change.



Other tips:

- Date everything to show when it was added to the IFSP.
- Watch for the logical progression that was mentioned in the IFSP development module: ongoing assessment information should show where additional supports are needed, and this should help guide the modification of existing or the development of new IFSP outcomes and strategies
- Services should be a direct reflection of what is needed to help the child and family reach their outcomes



Service Delivery Decisions

Should:

- Be made based upon the current IFSP outcomes and what will be needed to help the child and family achieve them.
- Be reconsidered at every review - not just kept the same from review to review.
- Take into consideration the family's situation, including their preferences for services, their availability for visits, and any financial constraints they may have.



A well documented IFSP Review will:

- Include current and updated information with dates
- Be complete, in each applicable section of the IFSP
- Reflect information that comes from both the family and other caregivers, as well as all the practitioners that work with the family
- Be clear, concise and free of jargon
- Connect directly the changes and modifications to outcomes, strategies and services





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**Thank you for
attending!**