

Hearing Aid *checklist*



IN THE MORNING

- ✓ Check the batteries.
- ✓ Check the earmold and clean any wax/dirt from the opening.
- ✓ Listen to hearing aid using a stethoset.
 - Be sure to use a filter when listening to powerful hearing aids.
- ✓ Insert the hearing aid.
 - You may need oto-ease until natural oils help with insertion.
 - You may need two people in the beginning.
 - If the earmolds are getting small, you may need to use oto-ferm to help eliminate squealing.

HEARING AID CARE

- ✓ Remove the earmolds from the hearing aids and wash them once a week. Use warm water and dish soap. Rinse thoroughly.
 - Do this more often if you notice a lot of waxy buildup.
 - Dry the earmolds on a paper towel overnight, use your air blower to clean the tubing, and put them in the dry aid kit.
- ✓ Be aware that moisture/humidity can damage hearing aids.
 - Use the dry aid kit as necessary to dry out the hearing aids.
- ✓ Keep the hearing aids, earmolds and batteries away from young children and pets.

AT BEDTIME

- ✓ Remove the hearing aids.
- ✓ Gently remove the earmolds, trying not to pull on the tubing.
- ✓ Place the hearing aids in the dry aid kit.
 - Do this every night and immediately if the hearing aids get wet (from water or sweat).
 - Leave the batteries in the hearing aids while in the dry aid kit.
 - The battery doors should remain open.
 - Note the color of the crystals and reactivate them if necessary in the oven or microwave.

TOLL-FREE POISON CONTROL HOTLINE **1.800.222.1222**

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